

LEG EXTENSION

JXL- 501 - RBK - BL

The seat is angled to isolate the quadriceps muscles. Pivot points are placed precisely parallel to the knee for biomechanically correct movements. Adjustable foot rollers adapt to all leg lengths. The X-Plus Series Leg Extension provides a maximum weight of up to 220 lbs.



FEATURES

- ◆ **Ergonomic Design:** Ensures proper posture to target quadriceps and reduce joint strain.
- ◆ **Adjustable Seat & Backrest:** Fits users of all heights for comfort and optimal form.
- ◆ **Smooth Resistance:** Precision weight stack delivers controlled motion.
- ◆ **Padded Rollers:** Provides support and comfort during intense workouts.
- ◆ **Durable & Compact:** Robust, space-saving design for any gym setup

SPECIFICATIONS

DIMENSIONS:

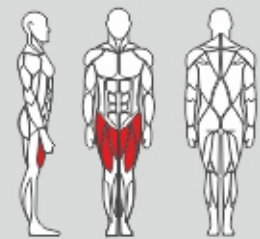
Length: 56 inches / 142 cms

Width: 44 inches / 112 cms

Height: 58 inches / 147 cms

Weight: 455 lbs / 206.4 kg

Weight stack: 220 lbs / 100 kg



MUSCLE WORKED: Vastus Lateralis, Rectus Femoris, Vastus Intermedialis

COLOUR AVAILABLE: Dark Silver